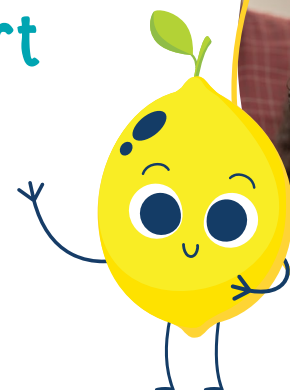


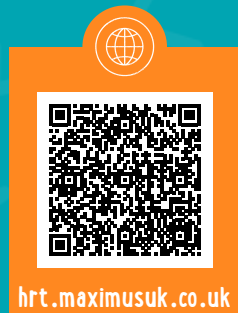


FREE Healthy Lifestyle support for families in Hertfordshire

Our FREE 12 week in-person and online programmes
start soon, so secure your spot today!



Monday	Tuesday	Wednesday	Thursday
POTTERS BAR Cranbourne Primary School EN6 2BA 17:00 - 19:00	WALTHAM CROSS Hurst Drive Primary School EN8 8DH 17:45 - 19:30	WATFORD Leavesden Green Community Hub WD25 0BW 17:30 - 19:30	HATFIELD Birchwood Avenue Primary School AL10 0PS 17:00 - 19:00
BISHOP'S STORTFORD Summercroft Primary School CM23 5BJ 17:30 - 19:30	HEMEL HEMPSTEAD Hobletts Manor Junior School HP2 5JT 17:30 - 19:30	STEVENAGE The Oval Community Centre SG1 5RA 17:30 - 19:30	BOREHAMWOOD Meryfield Primary School WD6 4PA 17:30 - 19:30



Sign up today!

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